



28. Int. Österreichische Mastersmeisterschaften

01.10./02.10.2016



Fortsetzung Bewerb 1 - 400m Freistil Damen

Altersklasse 35

4. Demel, Ines	1980 AUT	1. USC Traun	06:10,53	+01:01.09	400
RT +0.93 50m: 00:39,93, 100m: 01:24,51 (00:44,58), 150m: 02:11,43 (00:46,92), 200m: 02:59,58 (00:48,15) 250m: 03:48,16 (00:48,58), 300m: 04:37,23 (00:49,07), 350m: 05:25,56 (00:48,33), 400m: 06:10,53 (00:44,97)					

AK 35 - nationale Wertung

4. Demel, Ines	1980 AUT	1. USC Traun	06:10,53	+01:01.09	400
RT +0.93 50m: 00:39,93, 100m: 01:24,51 (00:44,58), 150m: 02:11,43 (00:46,92), 200m: 02:59,58 (00:48,15) 250m: 03:48,16 (00:48,58), 300m: 04:37,23 (00:49,07), 350m: 05:25,56 (00:48,33), 400m: 06:10,53 (00:44,97)					

--- 2. Abschnitt ---

Fortsetzung Bewerb 9 - 100m Freistil Damen

Altersklasse 35

3. Demel, Ines	1980 AUT	1. USC Traun	01:17,18	+13.22	419
RT +0.95 50m: 00:37,11, 100m: 01:17,18 (00:40,07)					

AK 35 - nationale Wertung

3. Demel, Ines	1980 AUT	1. USC Traun	01:17,18	+13.22	419
RT +0.95 50m: 00:37,11, 100m: 01:17,18 (00:40,07)					

Fortsetzung Bewerb 11 - 100m Lagen Damen

Altersklasse 35

5. Demel, Ines	1980 AUT	1. USC Traun	01:29,88	+13.32	431
RT +0.92 50m: 00:43,46, 100m: 01:29,88 (00:46,42)					

AK 35 - nationale Wertung

5. Demel, Ines	1980 AUT	1. USC Traun	01:29,88	+13.32	431
RT +0.92 50m: 00:43,46, 100m: 01:29,88 (00:46,42)					